



SAINT JOSEPH CATHEDRAL

THIRD SUNDAY IN LENT ❖ MARCH 12, 2023

INTROIT

Oculi mei

Mode 7



My eyes are al-ways on the Lord.

KYRIE

[10:30]

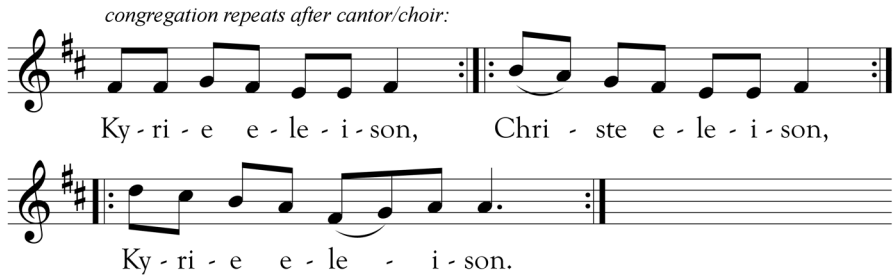
Mass for Four Voices

William Byrd
(c. 1540-1623)

[12:30. 5:15]

New Plainsong Mass

David Hurd
(b. 1950)



COLLECT

LITURGY OF THE WORD

FIRST READING

Exodus 17: 3-7

In those days, in their thirst for water, the people grumbled against Moses, saying, “Why did you ever make us leave Egypt? Was it just to have us die here of thirst with our children and our livestock?” So Moses cried out to the LORD, “What shall I do with this people? a little more and they will stone me!” The LORD answered Moses, “Go over there in front of the people, along with some of the elders of Israel, holding in your hand, as you go, the staff with which you struck the river. I will be standing there in front of you on the rock in Horeb. Strike the rock, and the water will flow from it for the people to drink.” This Moses did, in the presence of the elders of Israel. The place was called Massah and Meribah, because the Israelites quarreled there and tested the LORD, saying, “Is the LORD in our midst or not?”



If to-day you hear his voice, hard-en not— your hearts.

1. Come, let us sing joyfully to the LORD;
let us acclaim the Rock of our salvation.
Let us come into his presence with thanksgiving;
let us joyfully sing psalms to him.
2. Come, let us bow down in worship;
let us kneel before the LORD who made us.
For he is our God, and we are the people he shepherds,
the flock he guides.
3. Oh, that today you would hear his voice:
“Harden not your hearts as at Meribah,
as in the day of Massah in the desert,
Where your fathers tempted me;
they tested me though they had seen my works.”

SECOND READING

Romans 5: 1-2, 5-8

Brothers and sisters:

Since we have been justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have gained access by faith to this grace in which we stand, and we boast in hope of the glory of God.

And hope does not disappoint, because the love of God has been poured out into our hearts through the Holy Spirit who has been given to us. For Christ, while we were still helpless, died at the appointed time for the ungodly. Indeed, only with difficulty does one die for a just person, though perhaps for a good person one might even find courage to die. But God proves his love for us in that while we were still sinners Christ died for us.

GOSPEL ACCLAMATION

cf. John 4: 42, 15



Praise to you, Lord Je - sus Christ, King of end - less glo - ry.

Lord, you are truly the Savior of the world;
give me living water, that I may never thirst again.

HOLY GOSPEL

John 4: 5-42

Jesus came to a town of Samaria called Sychar, near the plot of land that Jacob had given to his son Joseph. Jacob's well was there. Jesus, tired from his journey, sat down there at the well. It was about noon.

A woman of Samaria came to draw water. Jesus said to her, “Give me a drink.” His disciples had gone into the town to buy food. The Samaritan woman said to him, “How can you, a Jew, ask me, a Samaritan woman, for a drink?”—For Jews use nothing in common with Samaritans.—

Jesus answered and said to her, "If you knew the gift of God and who is saying to you, 'Give me a drink,' you would have asked him and he would have given you living water." The woman said to him, "Sir, you do not even have a bucket and the cistern is deep; where then can you get this living water? Are you greater than our father Jacob, who gave us this cistern and drank from it himself with his children and his flocks?" Jesus answered and said to her, "Everyone who drinks this water will be thirsty again; but whoever drinks the water I shall give will never thirst; the water I shall give will become in him a spring of water welling up to eternal life." The woman said to him, "Sir, give me this water, so that I may not be thirsty or have to keep coming here to draw water."

Jesus said to her, "Go call your husband and come back." The woman answered and said to him, "I do not have a husband." Jesus answered her, "You are right in saying, 'I do not have a husband.' For you have had five husbands, and the one you have now is not your husband. What you have said is true." The woman said to him, "Sir, I can see that you are a prophet. Our ancestors worshiped on this mountain; but you people say that the place to worship is in Jerusalem." Jesus said to her, "Believe me, woman, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You people worship what you do not understand; we worship what we understand, because salvation is from the Jews. But the hour is coming, and is now here, when true worshipers will worship the Father in Spirit and truth; and indeed the Father seeks such people to worship him. God is Spirit, and those who worship him must worship in Spirit and truth." The woman said to him, "I know that the Messiah is coming, the one called the Christ; when he comes, he will tell us everything." Jesus said to her, "I am he, the one speaking with you."

At that moment his disciples returned, and were amazed that he was talking with a woman, but still no one said, "What are you looking for?" or "Why are you talking with her?" The woman left her water jar and went into the town and said to the people, "Come see a man who told me everything I have done. Could he possibly be the Christ?" They went out of the town and came to him. Meanwhile, the disciples urged him, "Rabbi, eat." But he said to them, "I have food to eat of which you do not know." So the disciples said to one another, "Could someone have brought him something to eat?" Jesus said to them, "My food is to do the will of the one who sent me and to finish his work. Do you not say, 'In four months the harvest will be here'? I tell you, look up and see the fields ripe for the harvest. The reaper is already receiving payment and gathering crops for eternal life, so that the sower and reaper can rejoice together. For here the saying is verified that 'One sows and another reaps.' I sent you to reap what you have not worked for; others have done the work, and you are sharing the fruits of their work."

Many of the Samaritans of that town began to believe in him because of the word of the woman who testified, "He told me everything I have done." When the Samaritans came to him, they invited him to stay with them; and he stayed there two days. Many more began to believe in

him because of his word, and they said to the woman, “We no longer believe because of your word; for we have heard for ourselves, and we know that this is truly the savior of the world.”

HOMILY

PROFESSION OF FAITH

I believe in one God, the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light, true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.
For us men and for our salvation he came down from heaven,

[all bow during the following 2 lines]

and by the Holy Spirit
was incarnate of the Virgin Mary, and became man.
For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day in accordance with the Scriptures.
He ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead
and his kingdom will have no end.
I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.
I believe in one, holy, catholic and apostolic Church.
I confess one baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

UNIVERSAL PRAYER

COLLECTION OF OFFERINGS

Your offering at this Mass supports the work and operations of Saint Joseph Cathedral, including daily meals for the needy, our music and education programs, and all other aspects of our community outreach. Please be generous in your support of these important endeavors. Scan the QR code or click anywhere inside this box to contribute by credit card or via PayPal.



LITURGY OF THE EUCHARIST

OFFERTORY ANTHEM

[10:30]

Jesu dulcis memoria

Pierre Villette
(1926-1998)

Jesu, dulcis memoria,
dans vera cordi gaudia.
Sed super mel et omnia,
ejus dulcis praesentia.

Nil canitur suavius,
nil auditur jucundius,
nil cogitatur dulcius
quam Jesu Dei Filius.

Sis nostrum gaudium,
qui es futurus praemium,
sit nostra in te Gloria,
per cuncta semper saecula. Amen.

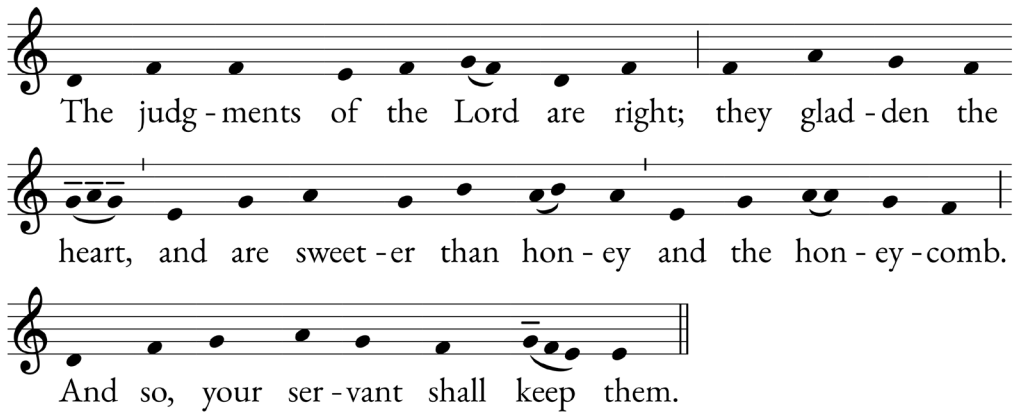
Jesu, the very thought of Thee,
with sweetness fills the breast,
but sweeter far Thy face to see,
and in Thy presence rest.

No voice can sing, nor heart can frame,
nor can the memory find
a sweeter sound than Jesus' name,
the Savior of mankind.

Jesu, our only joy be Thou,
as Thou our prize wilt be:
Jesu, be thou our glory now
and through eternity. Amen.

OFFERTORY ANTIPHON

Psalm 19: 9, 10, 11, 12



The judg - ments of the Lord are right; they glad - den the
heart, and are sweet - er than hon - ey and the hon - ey - comb.
And so, your ser - vant shall keep them.

Priest Pray brothers and sisters, that my sacrifice and yours
may be acceptable to God, the almighty Father.

All May the Lord accept the sacrifice at your hands,
for the praise and glory of his name,
for our good and the good of all his holy Church.

PREFACE DIALOGUE

Priest The Lord be with you.

All And with your spirit.

Priest Lift up your hearts.

All We lift them up to the Lord.

Priest Let us give thanks to the Lord our God.

All It is right and just.

SANCTUS

Missa Primitiva



Sanc - tus, Sanc - tus, Sanc - tus Dó - mi - nus De - us Sá - ba - oth.

Ple-ni sunt cæ-li et ter-ra gló-ri-a tu-a. Ho-sán-na
 in ex-cél-sis. Be-ne-díc-tus qui ve-nit in nó-mi-ne Dó-
 mi-ni. Ho-sán-na in ex-cél-sis.

MYSTERIUM FIDEI

Missa Primitiva

Save us, Sav-ior of the world, for by your Cross and
 Res-ur-rec-tion you have set us free.

GREAT AMEN

THE LORD'S PRAYER

AGNUS DEI

[10:30]

Mass for Four Voices

Byrd

[12:30, 5:15]

Missa Primitiva

A-gnus De-i, * qui tol-lis pec-cá-ta mun-di: mi-se-
 ré-re no-bis. A-gnus De-i, * qui tol-lis pec-cá-ta mun-
 di: mi-se-ré-re no-bis. A-gnus De-i, * qui tol-lis pec-
 cá-ta mun-di: do-na no-bis pa-cem.

✠ For Catholics who are receiving Holy Communion, please bow your head before receiving communion as a sign of reverence for the real presence of Christ.

✠ We welcome non-Catholics to this celebration of the Eucharist but because we believe that the Eucharist is a sign of the oneness of faith,

life and worship, members of other churches with whom we are not fully united are ordinarily not admitted to Holy Communion. We ask for you to remain seated during the communion rite and join us in prayer for Christian unity and peace for the human family.

COMMUNION ANTIPHON

John 4: 13-14

For an - y - one who drinks it, says the Lord, the wa - ter
I shall give will be - come in him a spring well - ing up
to e - ter - nal life.

THANKSGIVING

[10:30]

Adoro te devote

Villette

Adoro te devote, latens Deitas,
quae sub his figuris vere latitas:
tibi se cor meum
totum subjicit,
quia te contemplant totum deficit.
Jesu, quem velatum
nunc aspicio,
oro fiat illud quod tam sitio,
ut te revelata cernens facie,
visu sim beatus tuae gloriae.
Amen.

Hidden God, devoutly I adore Thee,
truly present underneath these veils;
all my heart
subdues itself before Thee,
since it all before Thee faints and fails.
I contemplate, O Lord,
Thy hidden presence;
grant me what I thirst for and implore:
that in the revelation of Thy essence
I'm blessed to see Thy glory
evermore. Amen.

FINAL BLESSING AND DISMISSAL

*Please respect our custom of standing in place
and singing the entire recessional hymn.*

RECESSIONAL HYMN

When I Survey the Wondrous Cross

Rockingham

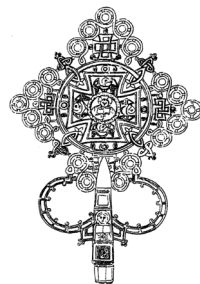
1. When I sur - vey the won - drous cross On which the Prince of
2. For - bid it, Lord, that I should boast Save in the death of
3. See, from his head, his hands, his feet, Sor - row and love flow
4. Were the whole realm of na - ture mine, That were a pre - sent

1. glo - ry died, My rich - est gain I count but loss, And pour con -
 2. Christ, my God. All the vain things that charm me most, I sac - ri -
 3. min - gled down. Did e'er such love and sor - row meet? Or thorns com -
 4. far too small. Love so a - maz - ing, so di - vine, De - mands my

1. tempt on all my pride.
 2. fice them to his Blood.
 3. pose so rich a crown?
 4. soul, my life, my all.

**The Office of Vespers
 will be sung each Sunday through Easter
 at 4:45 p.m.**

Throughout the season of Lent, the Office of Vespers will be sung preceding the Sunday 5:15 p.m. Mass. The Office is mostly sung and lasts about 25 minutes. It consists of psalms, short passages from scripture, an office hymn, a canticle (*Magnificat*), a responsory, collect and additional prayers.



Stations of the Cross

featuring improvised musical meditations by

Dr. Richard K. Fitzgerald

Director of Music and Organist of Saint Joseph Cathedral

Diocesan Director of Music

Friday, March 31, 7:00 p.m.

Dr. Fitzgerald is recognized for his work as an improviser both in the U.S. and abroad, and he was the only American invited to participate in the 53rd Haarlem International Organ Improvisation Competition in the Netherlands in summer 2021. In October 2013, he won first prize in the 2nd Annual Competition in Organ Improvisation sponsored by the University of Michigan and the Ann Arbor Chapter of the American Guild of Organists. In addition, Dr. Fitzgerald was a semi-finalist in the 2021 National Competition in Organ Improvisation sponsored by the American Guild of Organists.